

# Digital Support Sessions

## Aviemore Community Centre

### 11am - 1pm

These sessions are made up of a 1 hour workshop on a digital topic, followed by a coffee break and the opportunity to get individual support on digital issues such as setting up or using email, device problems, using online forms and completing digital life tasks



#### Scam Awareness:

Arm yourself against scams and fraud. Discover the tricks scammers use and how to protect yourself from falling victim.

NOV  
11



#### Internet Safety:

Navigate the digital world with confidence. Learn essential skills to keep yourself and your information secure online.

NOV  
18



#### Shopping Safely Online:

Learn practical tips to protect your personal information, recognise safe websites, and make secure purchases with confidence

NOV  
25



#### Online Energy Account:

Manage your energy account online. Track your usage, pay bills securely, and find tools to help you save on energy costs

DEC  
02

